

**A wound neglected is a wound infected.** Join this course, organised by St Luke's Hospital, to be equipped with relevant knowledge and skills in wound care and management. This course is accredited by the European Wound Management Association (EWMA).

## Course Objectives

- Apply relevant knowledge & skills to provide skin care for maintenance of skin health for patients.
- Apply evidence-based care knowledge to assess, prevent and manage development of pressure injuries.
- Distinguish the difference in the available wound care products in the market.
- Apply tips & techniques to provide holistic wound care for patients.

## Training Methodology

E-learning, case study discussions, exam.

## Course Outline (2 days)

| Day  | Course Dates | Course Outline  |
|--|--------------|---|
| • E-learning via SUSS UniLEARN • Classroom Session |              |   |
| • 1  | 6 Aug 2025   | <ul style="list-style-type: none"> <li>• Anatomy and physiology of the skin</li> <li>• Effects of ageing on the skin</li> <li>• Common skin disorders among the elderly</li> <li>• General skin assessment of patient</li> <li>• Understand the different type of skin tears and their management</li> <li>• Introduction to wound care products</li> <li>• Applying appropriate wound dressing</li> <li>• Risk assessment and management of pressure injury</li> </ul> |
| • 2  | 27 Aug 2025  | <ul style="list-style-type: none"> <li>• Assessment on wound care knowledge</li> <li>• Group discussion on skin tear, IAD and pressure injury</li> </ul>  |

## Target Audience

Registered Nurse, Enrolled Nurses

## Course Time

9am - 5pm (for all days)

**Course Fee:** \$360.00 (before GST) Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Permit Holders working in eligible community care organisations.

## Trainers' Profile

**Kavitha D/O Sanmugam** is an Advanced Practice Nurse at St Luke's Hospital. She holds a Master of Nursing degree from the National University of Singapore (NUS), obtained in 2017, and an Advanced Diploma in Medical-Surgical Nursing, completed in 2011. In 2019, she attained certification from the Wound, Ostomy and Continence Nurses Society (WOCN).

Kavitha has extensive experience in managing a broad spectrum of wounds, from acute to complex cases. Her clinical expertise includes Negative Pressure Wound Therapy (NPWT), wound debridement, stoma care, and compression bandaging. She is actively involved in clinical education. Currently, she serves as the lead trainer for wound care courses at St Luke's Hospital.

**Shaqila Binte Ishak** is a Senior Staff Nurse at St Luke's Hospital. Shaqila's areas of expertise includes managing chronic wounds. She is experienced in performing NPWT and debridement. She attained Bachelor Of Nursing from Edinburgh Napier University and currently pursuing Post Graduate Diploma in Wound, Ostomy And Continent, Singapore, Curtin University.

## Venue

St Luke's Hospital, 2 Bukit Batok Street 11, Singapore 659674

## Enquiries

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